

## **Individualized Approach**

- Identify challenge areas
- Set goals and establish manageable routines
- Fade supervision and foster autonomy

## **Targeted Outcomes**

- Organization: Physical and digital systems
- Time management: Calendars and to do lists
- Goal-directed behavior: Tangible short-term and measurable long-term goals
- Metacognition: Planning and prioritization
- Study skills suite
- Self-advocacy
- Stress reduction

## Custom Plans for All Grade Levels

Skills for Life

Integrated Team Communication

Scaffolded Content Support